



## Systems Energetics<sup>SM</sup> Product Catalogue

### **Working Balance: Energy Management for Personal and Professional Well-Being**

by Nancy Post

A workbook for people looking to track their own energy at home and at work.

**\$30.00**

### **Elements of Organization**

by Nancy Post

A manual that provides the translation of the Five Element system to business and organizational language. This book is useful for those looking to apply this model to businesses and non-profit organizations.

**\$35.00**

### **Team Assessment Questionnaire**

A questionnaire for team leaders to evaluate how their work groups operate within each of the five energetic phases and as a whole. This primary diagnostic tool complements the material contained with the book *Elements of Organization*.

**\$6.00 each**

**Pack of 10 questionnaires \$50.00**

### **Stress Survey**

A five page survey instrument to assist in evaluating the personal health and work patterns of individuals within work teams.

**\$4.00 each**

**Pack of 10 forms \$35.00**

Postage and handling: \$10 for the first item and \$3 for each additional item.

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Company/Organization: \_\_\_\_\_

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My interest in Systems Energetics is \_\_\_\_\_

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