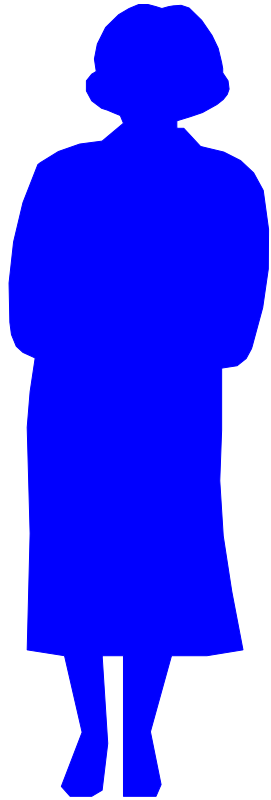


Anatomy of Depletion: *The Individual*



- well-functioning

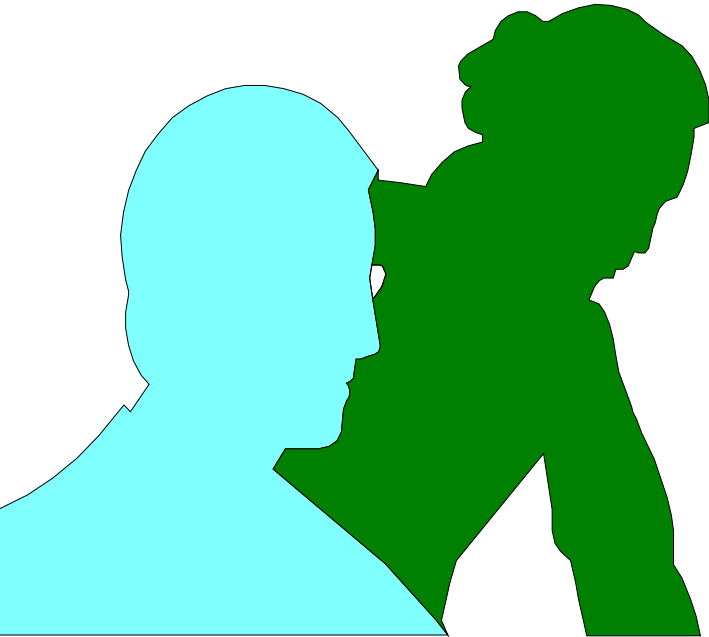


- fatigue

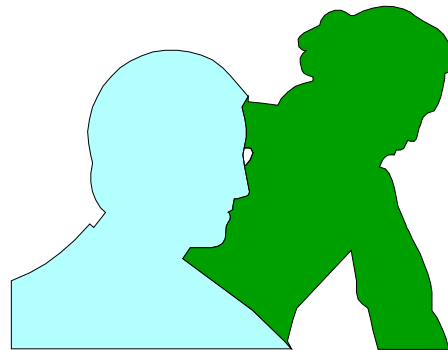


- lower immunity
- appearance of chronic symptoms
- acute conditions

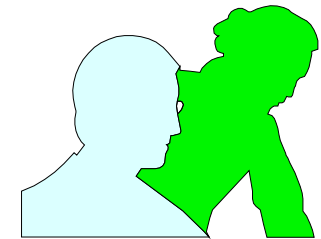
Anatomy of Depletion: The Group



- well functioning



- poor habits
- bad discipline
- poor follow through



- individual actions
- no collective effort
- extreme dissent
- poor productivity
- chaos

Anatomy of Depletion: The System



- well functioning
- involved & focused toward future

- loss of innovation
- complacency
- stasis

- organizational defenses override good sense